

Workshop

Finding Balance Through Change



Change can upset the stability in our work and personal lives. In this workshop participants will explore what change means and how it can be embraced as a positive experience.

FREE!

**February 17, 2010
9am-11:30am**

FREE!

**Free Casual Child Care is also available to military families
on a first come first served basis / availability.**

Call (506)422-2000 ext. 3352 to
register by Feb. 15th, 2010
or visit the Gagetown Military Family
Resource Centre at A-45 St. Lawrence
Ave., Oromocto, NB



To register or for more information/
Pour plus de renseignements ou vous inscrire:
Tel: 422-2000 ext./poste 3352

*Military Families
Strength Behind
the Uniform*



*La Famille
La force
conjointe*